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Health Connection.



Understanding Non-Suicidal Self-Injury in Adolescents: Evidence-Based Approaches for Prevention, Identification, and Early Intervention (ReCAST II)

Date: September 23, 2026

Time: 12:00 PM - 1:00 PM

Location: Live Webinar (Zoom)

Continuing Education Credits
Available

ReCAST II Mecklenburg, in partnership with South Piedmont AHEC and Teen Health Connection, presents an interactive webinar focused on non-suicidal self-injury (NSSI) among adolescents.

Participants will learn to recognize warning signs, understand risk and protective factors, respond appropriately to youth and families, and identify strategies for early intervention and connection to care.

This training is designed for healthcare providers, educators, school personnel, social workers, counselors, and other professionals who support adolescents in Mecklenburg County.

To Register: [Understanding Non-Suicidal Self-Injury in Adolescents](#)

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