



Provider Training Opportunity

Blue Cross® and Blue Shield® of North Carolina (Blue Cross NC) | Healthy Blue® Care Together | Medicaid

CALM (Counseling on Access to Lethal Means)

Proud partner and sponsor of NC Youth & Family Voices Amplified

Reducing access to lethal means, such as firearms and medication, can determine whether a person at risk for suicide lives or dies. This free training focuses on how to reduce access to the methods people use to kill themselves. It covers how to identify people who could benefit from lethal means counseling, asking about their access to lethal methods, and working with them and their families to reduce access.

Date: Tuesday, August 25, 2026

Time: 1 p.m.

Location: Virtual

To register: [CALM \(Counseling on Access to Lethal Means\)](#)

<https://provider.healthybluenc.com>



**BlueCross BlueShield
of North Carolina**

**HealthyBlue
Care Together**

Healthy Blue Care Together is a Medicaid plan offered by Blue Cross and Blue Shield of North Carolina. Blue Cross and Blue Shield of North Carolina is an independent licensee of the Blue Cross Blue Shield Association. ® Marks of the Blue Cross Blue Shield Association. All other marks are the property of their respective owners.

NC-HB-FC-013785-26-GRP3804 June 2026